

Midlakes Division II – B CHAMPS
Sunday, July 19, 2009
Samena

To: Coaches & Team Reps,

Please read the enclosed information regarding Division II B-Champs. This information will be posted at www.midlakesswimleague.org under Championship Meets.

Entries

Team entries must be received at the **Samena Pool between the hours of 9:00 am and 11:00 am on Monday, July 13th**. Consult your Midlakes handbook for all rules and regulations regarding B-Champs entries.

Required to be turned in:

- Hard Copy of all entries
- TM export of entries on a memory stick
- Team Information Form
- Completed Volunteer Lists

Coaches

We will have the east side of the pool deck reserved for Coaches ONLY. We ask for your assistance in communicating to your parents they are not allowed on this part of the deck. There will be bleachers for spectators but they need to set up camp outside of the pool area on the grass. Hospitality for coaches will be available.

Parking

We will provide each team with two reserved coaches' parking spots when we receive your entries. We encourage people to carpool, as parking is limited.

Team Areas

All teams will be setting up behind Samena on the grass area. The bleachers on the pool deck will provide short-term spectator's seating. Please do NOT set up on the pool deck. Spectators may come and go to watch the swimmers to allow for optimum viewing for everyone. Please use the bathrooms in the girls/boys locker rooms inside the building where the indoor pool is located. Please ask your families NOT to use the facilities inside the front office area. A map of the area will be e-mailed to you prior to the event.

Heat Sheets

Heat Sheets will be provided to all coaches and meet judges. Spectator Heat Sheets will be available for purchase for \$3.00 the day of the meet. Advertising will be available \$50 full page, \$25 half page. Please contact Kris LaFramboise at raspberries5@yahoo.com or call her at 425-822-4947 for details.

Midlakes T-Shirts will be sold on site.

Concessions

Breakfast from 7:00am – 10:30am Lunch - 11:00am – 2:00pm.

A wide variety of items will be available for breakfast and lunch. CASH ONLY

Volunteers

Midlakes Division II B-Champs are a division-wide effort. To ensure fairness for all swimmers and teams, we are asking for volunteers from each team to act in various capacities. Please see attachment for volunteers needed. All volunteers will check in at the check-in table and receive a nametag.

Timers

Timers must provide their own watches and report when assigned.

A final list will be sent out to the teams prior to B Champs once the volunteer lists are turned in.

Warm up

| Team | Lanes | Warm-up Time |
|--------------|----------------------------------|-----------------|
| Fairwood | 1 & 1 – Indoor Pool/Outdoor Pool | 7:15am – 8:00am |
| Klahanie | 2 & 2 – Indoor Pool/Outdoor Pool | 7:15am – 8:00am |
| Norwood | 3 & 3 – Indoor Pool/Outdoor Pool | 7:15am – 8:00am |
| Plateau Club | 4 & 4 – Indoor Pool/Outdoor Pool | 7:15am – 8:00am |
| Samena | 5 & 5 – Indoor Pool/Outdoor Pool | 7:15am – 8:00am |
| Strattonwood | 6 & 6 – Indoor Pool/Outdoor Pool | 7:15am – 8:00am |

Meet Schedule

Confirmed meeting locations will be given at time of Check-In on July 19th.

7:00 am Breakfast Concessions Open, lunch starts at 11:00am

7:00 am Heat sheets & T-Shirt Booth opens

7:15 am Warm up begins

7:45 am Coaches Meeting

8:00 am Timers and Judges Meetings

These meetings are required for ALL timers and Judges, even later shifts

8:00 am Staging Area/Clerk of Course volunteers need to come to staging area.

8:10 am FIRST call for 8 and under girls relays

8:25 am National Anthem

8:30 am Meet Begins

Awards will be available at the end of the meet. Please have someone assigned to pick them up.

Contact Information-

Michele Ahearn, Strattonwood Parent Rep.

425.481.6830h 206.409.1618c

ahearn.family@verizon.net

Sharon Perry, Samena Parent Rep.

425.351.6892

perryabcd@concast.net

MIDLAKES DIVISION II - B CHAMPIONSHIPS
July 19, 2009 @ Samena
Team Information Form

Please return this form with Division II Championship Entries on _____.

Club _____ Phone _____ Email _____

Representative:

_____ Phone _____ Email _____

_____ Phone _____ Email _____

Coaches:

_____ (Head) Phone _____ Email _____

_____ Phone _____ Email _____

_____ Phone _____ Email _____

_____ Phone _____ Email _____

_____ Phone _____ Email _____

_____ Phone _____ Email _____

Please list all of your coaches so Heat Sheets can be made for each.

ALL VOLUNTEER SHIFTS MUST BE FILLED IN WITH A PHONE NUMBER AS WELL. ALL TEAMS ARE RESPONSIBLE FOR FINDING REPLACEMENT VOLUNTEERS SHOULD ONE NOT SHOW UP.